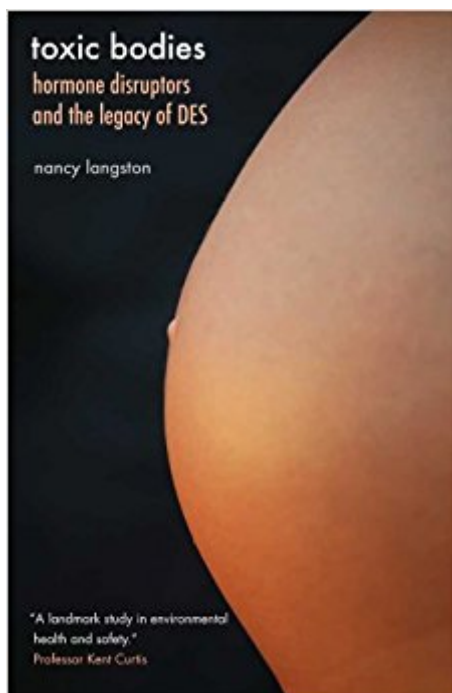


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# Toxic Bodies: Hormone Disruptors And The Legacy Of DES



## Synopsis

In 1941 the Food and Drug Administration approved the use of diethylstilbestrol (DES), the first synthetic chemical to be marketed as an estrogen and one of the first to be identified as a hormone disruptor—a chemical that mimics hormones. Although researchers knew that DES caused cancer and disrupted sexual development, doctors prescribed it for millions of women, initially for menopause and then for miscarriage, while farmers gave cattle the hormone to promote rapid weight gain. Its residues, and those of other chemicals, in the American food supply are changing the internal ecosystems of human, livestock, and wildlife bodies in increasingly troubling ways. In this gripping exploration, Nancy Langston shows how these chemicals have penetrated into every aspect of our bodies and ecosystems, yet the U.S. government has largely failed to regulate them and has skillfully manipulated scientific uncertainty to delay regulation. Personally affected by endocrine disruptors, Langston argues that the FDA needs to institute proper regulation of these commonly produced synthetic chemicals.

## Book Information

Paperback: 256 pages

Publisher: Yale University Press (March 29, 2011)

Language: English

ISBN-10: 0300171374

ISBN-13: 978-0300171372

Product Dimensions: 8.9 x 5.9 x 0.6 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 9 customer reviews

Best Sellers Rank: #604,412 in Books (See Top 100 in Books) #124 in Books > Medical Books > Pharmacology > Toxicology #187 in Books > Science & Math > Chemistry > Industrial & Technical #639 in Books > Science & Math > Chemistry > Organic

## Customer Reviews

“Like [Rachel] Carson, Langston uses lively and even lyrical writing. . . to tell the story of the risks posed by synthetic compounds currently found in pesticides, pharmaceuticals and plastics, such as BPA.”—Shawn Doherty, *The Capital Times* (Shawn Doherty *The Capital Times*) “The historical slant is indeed unique. . . . the manuscript is well documented and written in a way that conveys the science in an understandable fashion.”—Dixie Mills, M.D., F.A.C.S., Medical Director, Dr. Susan Love Research Foundation (Dixie Mills) “An important and timely piece of work from a

well-established scholar.â •â "Brian Donahue, Brandeis University (Brian Donahue)"A fascinating but horrifying account of how the vast majority of the American population became unwitting participants in a large and ultimately disastrous public health experiment."--Jill Sakai, University of Wisconsin--Madison News (Jill Sakai University of Wisconsin-Madison News 2010-03-04)"Langston is poised perfectly to examine the scientific and social history of endocrine disruptors. . . . Langston's prose is precise and elegant. Moreover, her explanations of scientific frameworks, data, and debates are quite accessible. . . . This is certainly a fascinating and persuasive study that should be read by anyone interested in environmental health, environmental history, the history of medicine, gender studies, as well as larger questions regarding the entanglements between science, law, industry, medicine, and public policy."â "Stacy Alaimo, American Book Review (Stacy Alaimo American Book Review) --This text refers to the Hardcover edition.

Nancy Langston, a professor in the Department of Forest and Wildlife Ecology with a joint appointment in the Nelson Institute for Environmental Studies at the University of Wisconsin, Madison, was president of the American Society for Environmental History in 2007-9.

Having recently completed "Toxic Bodies" I chose to title my thoughts as noted above. Dr. Langston has presented the research and the conclusions about the heavy use of DES in our medical and agricultural systems in a manner that is readable and understandable for persons with lesser scientific backgrounds. She does this in a story like format that leaves one with a sense of urgency about the present and emerging chemicals that effect us in our daily lives. The sense of urgency on a personal level leads one to question a medical care provider about any prescribed medication and to seriously consider any over the counter "drugs or food supplements" one might consume. I would suggest that readers (especially women) share this book with their medical care provider. The sense of urgency on the community level is to comment to law makers related to ongoing issues with chemicals that we are currently being warned about as harmful, especially to children. Great work on this book, Dr. Langston. Thank you for it.Nancy Moye RN, PHN

I've just finished reading Toxic Bodies and I have to commend Nancy Langston on a superb and desperately needed new book. Wow! The story (and stories) she tells are staggering and informative and written in an accessible style. This is a landmark study in environmental health and safety. It's also one of the finest combinations of the themes of gender, science, and the environment that I've seen in quite some time - I've already recommended it to colleagues and I'm

sure it will find a home in many different environmental studies classrooms. Indeed, I intend to assign it in my Environmental History course in the spring semester.

I've noticed that when people talk about reproductive issues, no one really asks what type of issues could arise. This book highlights known cases and the possibility and future directions. I recommend for anyone interested in Environmental health, Public health, people that are pregnant or mothering, etc. A great book!

Great condition - very interesting book, loved it!

good

An amazing book. Truly a must read.... I would right more now, but I can't put it down... ;o) Patti Negri

Toxic Bodies by Nancy Langston is a cautionary tale indeed -- one that should scare the heck out of any woman of reproductive age. Actually, everyone should read this book, and then contact their government representatives and insist on stricter regulations and overall transparency with regards to synthetic chemicals that enter our bodies through a myriad of ways; food sources, water, medications, and from mother to child. Apparently, I am one of the lucky ones -- even with a variety of frightening reproductive issues, I was able to bring a healthy baby to term -- but now she, at the age of 18, seems to be tackling some of the same gynecological issues I faced 30 years ago. Dr. Langston's concise and readable book should encourage all of us to live a more healthy, chemical-free lifestyle. And, to ask the right questions when visiting our doctors. Ladies and gentlemen, it's time to take a proactive stance!

This is one of the best history books I've ever read. I'm a historian (this is not my field, though), but it's so well written, as well as so relevant, that I'm going to encourage non-historian friends and family to read it. I also plan to assign it in classes. This is a book that many people, the general public as well as scientists, regulators, and historians, should read.

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